



**Brookfield
Branch now open
at Brookfield
State School
Hall!**

RHEE TAE KWON-DO

The Martial Art that Future-Proofs your Family

As a non-contact martial art, Rhee Tae Kwon-Do is suitable for all ages and experience levels, making it an ideal family activity. Training together is not only a great way to stay active, but also a rewarding bonding experience.

Founded in 1970 by World Master Chong Chul Rhee, Rhee Tae Kwon-Do is Australia's first and largest martial arts academy, offering many benefits, including:



- ✓ Sound Body & Sound Mind
- ✓ Confidence & Self-Belief
- ✓ Respect & Discipline
- ✓ Fitness & Self-Defence
- ✓ Positive Community & Role Models
- ✓ Focus & Perseverance
- ✓ Indomitable Spirit



Take your first step in Rhee Tae Kwon-Do and join us on the floor for an **unlimited free trial**. Simply text **Sabum Elle** on **0478 403 153** for more information!

Brookfield State School Hall

Tuesdays and Fridays 5.30-6.30pm

Branch Instructor: Sabum Elle Gregory

Phone: 0478 403 153

Email: elle_rtkd@outlook.com



For more information about Brookfield branch or any of our Rhee Tae Kwon-Do branches visit www.rhee.com.au or scan the QR code to make an enquiry.

**Does your child
attend Helping Hands
after school care?**

**Children can be escorted
over to School Hall for Rhee
Tae Kwon-Do classes on
Tuesdays and Fridays at
5.30pm - pick up at 6.30pm**