



**Brookfield
Branch now
open**

RHEE TAE KWON-DO

The Martial Art that Future-Proofs your Family

As a non-contact martial art, Rhee Tae Kwon-Do is suitable for all ages and experience levels, making it an ideal family activity. Training together is not only a great way to stay active, but also a rewarding bonding experience.

Founded in 1970 by World Master Chong Chul Rhee, Rhee Tae Kwon-Do is Australia's first and largest martial arts academy, offering many benefits, including:



- ✓ Sound Body & Sound Mind
- ✓ Confidence & Self-Belief
- ✓ Respect & Discipline
- ✓ Fitness & Self-Defence
- ✓ Positive Community & Role Models
- ✓ Focus & Perseverance
- ✓ Indomitable Spirit

Take your first step in Rhee Tae Kwon-Do and join us on the floor for an **unlimited free trial**.

Good Shepherd Anglican Church Hall,
Cnr Brookfield and Boscombe Roads, Brookfield
Tuesdays and Fridays 5.30-6.30pm
Branch Instructor: Sabum Elle Gregory
Ph: 0478 403 153
Email: elle_rtkd@outlook.com



For more information about Brookfield branch or any of our Rhee Tae Kwon-Do branches visit www.rhee.com.au or scan the QR code to make an enquiry.

**Classes open during
School holidays!**